



Thank you for choosing Oculofacial Aesthetics, PLC. Our office is conveniently located on East 54th Street, accessible from either US 61 or I-74. We are near Waterford Center and the Genesis Physical Therapy and Sports Medicine office.



Please remember to bring the following items to your appointment:

- Driver's license
- Insurance card
- Your insurance copay
- Your new patient packet containing your health history questionnaire

Your appointment is scheduled for:

Date	<input type="text"/>
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Time	<input type="text"/>
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We look forward to seeing you at your upcoming visit.

**This notice describes how medical information about you may be used and disclosed, and how you can gain access to this information. Please review it carefully.**

Protected health information (PHI), about you, is maintained as a written and/or electronic record of your contacts or visits for healthcare services with our practice. Specifically, PHI is information about you, including demographic information (i.e., name, address, phone, etc.), that may identify you and relates to your past, present or future physical or mental health condition and related healthcare services.

Our practice is required to follow specific rules on maintaining the confidentiality of your PHI, using your information, and disclosing or sharing this information with other healthcare professionals involved in your care and treatment. This Notice describes your rights to access and control your PHI. It also describes how we follow applicable rules and use and disclose your PHI to provide your treatment, obtain payment for services you receive, manage our healthcare operations and for other purposes that are permitted or required by law.

### **Your Rights Under The Privacy Rule**

Following is a statement of your rights, under the Privacy Rule, in reference to your PHI. Please feel free to discuss any questions with our staff.

**You have the right to receive, and we are required to provide you with, a copy of this Notice of Privacy Practices** - We are required to follow the terms of this notice. We reserve the right to change the terms of our notice, at any time, and to make the new Notice provisions effective for all PHI that we maintain. We will provide you with a revised Notice if you call our office and request that a revised copy be sent to you in the mail or ask for one at the time of your next appointment. The Notice will also be posted in a conspicuous location in the practice, and if such is maintained, on the practice's web site.

**You have the right to authorize other use and disclosure** - This means you have the right to authorize any use or disclosure of PHI that is not described within this notice. For example, we would need your written authorization to use or disclose your PHI for marketing purposes, for most uses or disclosures of psychotherapy notes, or if we intended to sell your PHI. You may revoke an authorization, at any time, in writing, except to the extent that your healthcare provider, or our practice has taken an action in reliance on the use or disclosure indicated in the authorization.

**You have the right to request an alternative means of confidential communication** - This means you have the right to ask us to contact you about medical matters using an alternative method (i.e., email, fax, telephone), and/or to a destination (i.e., cell phone number, alternative address, etc.) designated by you. You must inform us in writing, using a form provided by our practice, how you wish to be contacted if other than the address/phone number that we have on file. We will follow all reasonable requests.

**You have the right to inspect and obtain a copy your PHI** - This means you may submit a written request to inspect, and obtain a copy of your complete health record. If your health record is maintained electronically, you will also have the right to request a copy in electronic format. We have the right to charge a reasonable, cost-based fee for paper or electronic copies as established by federal guidelines. In most cases, we will provide requested copies within 30 days.

**You have the right to request a restriction of your PHI** - This means you may ask us, in writing, not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. If we agree to the requested restriction, we will abide by it, except in emergency circumstances when the information is needed for your treatment. In certain cases, we may deny your request for a restriction. You will have the right to request, in writing, that we restrict communication to your health plan regarding a specific treatment or service that you, or someone on your behalf, has paid for in full, out-of-pocket. We are not permitted to deny this specific type of requested restriction.

**You have the right to request an amendment to your protected health information** - This means you may submit a written request to amend your PHI for as long as we maintain this information. In certain cases, we may deny your request.

**You have the right to request a disclosure accountability** - You may request a listing of disclosures we have made of your PHI to entities or persons outside of our practice except for those made upon your request, or for purposes of treatment, payment or healthcare operations. We will not charge a fee for the first accounting provided in a 12-month period.

**You have the right to receive a privacy breach notice** - You have the right to receive written notification if the practice discovers a breach of your unsecured PHI, and determines through a risk assessment that notification is required.

## How We May Use or Disclose Protected Health Information

Following are examples of uses and disclosures of your protected health information that we are permitted to make. These examples are not meant to be exhaustive, but to describe possible types of uses and disclosures.

**Treatment** - We may use and disclose your PHI to provide, coordinate, or manage your healthcare and any related services. This includes the coordination or management of your healthcare with a third party that is involved in your care and treatment. For example, we would disclose your PHI, as necessary, to a pharmacy that would fill your prescriptions. We will also disclose PHI to other Healthcare Providers who may be involved in your care and treatment.

**Payment** - Your PHI will be used, as needed, to obtain payment for your healthcare services. This may include certain activities that your health insurance plan may undertake before it approves or pays for the healthcare services we recommend for you such as, making a determination of eligibility or coverage for insurance benefits.

**Healthcare Operations** - We may use or disclose, as needed, your PHI in order to support the business activities of our practice. This includes, but is not limited to business planning and development, quality assessment and improvement, medical review, legal services, auditing functions and patient safety activities.

**Special Notices** - We may use or disclose your PHI, as necessary, to contact you to remind you of your appointment. We may contact you by phone or other means to provide results from exams or tests, to provide information that describes or recommends treatment alternatives regarding your care, or to provide information about health-related benefits and services offered by our office.

We may contact you regarding fundraising activities, but you will have the right to opt out of receiving further fundraising communications. Each fundraising notice will include instructions for opting out.

**Health Information Organization** - The practice may elect to use a health information organization, or other such organization to facilitate the electronic exchange of information for the purposes of treatment, payment, or healthcare operations.

**To Others Involved in Your Healthcare** - Unless you object, we may disclose to a member of your family, a relative, a close friend or any other person that you identify, your PHI that directly relates to that person's involvement in your healthcare. If you are unable to agree or object to such a disclosure, we may disclose such information as necessary if we determine that it is in your best interest based on our professional judgment. We may use or disclose PHI to notify or assist in notifying a family member, personal representative or any other person that is responsible for your care, of your general condition or death. If you are not present or able to agree or object to the use or disclosure of PHI (e.g., in a disaster relief situation), then your healthcare provider may, using professional judgment, determine whether the disclosure is in your best interest. In this case, only the PHI that is necessary will be disclosed.

**Other Permitted and Required Uses and Disclosures** - We are also permitted to use or disclose your PHI without your written authorization, or providing you an opportunity to object, for the following purposes: if required by state or federal law; for public health activities and safety issues (e.g. a product recall); for health oversight activities; in cases of abuse, neglect, or domestic violence; to avert a serious threat to health or safety; for research purposes; in response to a court or administrative order, and subpoenas that meet certain requirements; to a coroner, medical examiner or funeral director; to respond to organ and tissue donation requests; to address worker's compensation, law enforcement and certain other government requests, and for specialized government functions (e.g., military, national security, etc); with respect to a group health plan, to disclose information to the health plan sponsor for plan administration; and if requested by the Department of Health and Human Services in order to investigate or determine our compliance with the requirements of the Privacy Rule.

## Privacy Complaints

You have the right to complain to us, or directly to the Secretary of the Department of Health and Human Services if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying the Privacy Manager at:

Patient Name (PRINT): \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

We will not retaliate against you for filing a complaint.

Effective Date \_\_\_\_\_

Publication Date \_\_\_\_\_



### **Statement of Patient Financial Responsibility**

We are glad you have chosen Oculofacial Aesthetics, PLC as a partner in your health care. We want to share our financial policy with you, because it outlines both patient financial responsibilities, as well as our office's financial responsibilities. We hope our policy helps avoid any misunderstanding or disagreements concerning payment for professional services.

- We require your copayment at the time of service. You are financially responsible for any amounts not covered by your insurer. You are responsible to pay any deductible, copayment or any portion of the charges specified in your contract with your insurance carrier. If your insurer denies any part of your claim, you are responsible for your balance, in full.
- We participate with numerous insurance companies. For patients who are beneficiaries of one of these insurance companies, our office will submit a claim for services rendered. All necessary insurance information, including special forms, must be completed by the patient prior to leaving the office.
- If a patient has insurance in which we do not participate, we are happy to file the claim upon request; however, payment in full is expected at the time of service.
- It is the patient's responsibility to ensure any required referrals for treatment are provided to the practice prior to the visit. Visits may be rescheduled or the patient may be financially responsible due to lack of the referral.
- It is the patient's responsibility to provide us with current insurance information and bring their insurance card to each visit.
- We are happy to help with insurance questions relating to how a claim was filed, or regarding any additional information the payer might need to process the claim. Specific coverage issues, however, can only be addressed by the insurance company member services department. (The telephone number is printed on the insurance card.)

We firmly believe a good physician-patient relationship is based on understanding and good communication. Questions about financial arrangements should be directed to the medical practice. We are here to help.

I have read the above policy regarding my financial responsibility to Oculofacial Aesthetics, PLC for providing medical services to me or the below named patient. I certify the information is, to the best of my knowledge, true and accurate. I authorize my insurer to pay any benefits directly to Oculofacial Aesthetics, PLC, the full and entire amount of the bill incurred by me or the below named patient; or, if applicable any amount due after payment has been made by my insurance carrier. I further authorize the release of any information necessary to process any claim with my insurance carrier.

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Guarantor name  
(Please Print)

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Guarantor signature

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Date



Authorization to use SureScripts, Inc.

- I, or my authorized representative, request that health information regarding my care and treatment be released as set forth on this form: in accordance with Iowa State Law and the Privacy Rule of the Health Insurance Portability and Accountability Act of 1996 (HIPAA), I understand that:
- Oculofacial Aesthetics, PLC uses SureScripts, Inc., a prescription system that allows prescriptions and related information to be exchanged between my providers and the pharmacy. The information sent between these systems may include details of any and all prescription drugs I am currently taking and/or have taken in the past. This information will be utilized to Oculofacial Aesthetics, PLC.
- This authorization may include disclosure of prescription information related to alcohol and drug abuse, mental health treatment, and/or confidential HIV related information by SureScripts, Inc. to Oculofacial Aesthetics, PLC.
- I have the right to revoke this authorization except to the event that action has already been taken based on this authorization.
- Signing this authorization is voluntary. My treatment, payment, enrollment in a health plan, or eligibility for benefits will not be conditioned upon my authorization of this disclosure.
- Information disclosed under this authorization might be re-disclosed by the recipient, and this re-disclosure may no longer be protected by state or federal law.
- This authorization expires one year from the date of my signature below.
- **This authorization does not authorize Oculofacial Aesthetics, PLC to discuss my health information or medical care with anyone other than those permitted under applicable law.**

Patient Name (PRINT): \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



### Patient Intake Questionnaire

First name:		Contact preference (circle):	Home phone Cell phone other:
Last name:		Gender:	
Middle name:		Marital status:	
Preferred name:		Employer/occupation:	
Date of birth:		If retired, previous occupation:	
Address:		Patient care summary (circle):	Please print/ I will access on my portal
City:		Preferred pharmacy:	
State:		Primary care provider:	
Zip code:		Primary care provider's office phone number:	
Home phone:		Cardiologist (if any):	
Mobile phone:		Cardiologist's office phone number:	
Work phone:		Emergency contact name and number:	
Email:		Emergency contact relationship:	

**At Oculofacial Aesthetics, we provide a variety of services. Most of our services are covered by insurance, although some of our services are considered cosmetic. We won't discuss cosmetic procedures or services at your appointment, unless you request that we discuss these surgeries or procedures with you.**

Are you interested in discussing cosmetic eyelid surgeries, such as surgery for lower eyelid bags?	Yes	No
Are you interested in discussing non-surgical treatments, like Botox® or facial fillers?	Yes	No



## General Health History Questionnaire

Patient name: _____	DOB: _____	Date: _____
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**Please tell us about your current or past health conditions by checking the boxes**

Please answer all questions	Y	N	Please answer all questions	Y	N
<b>Cardiovascular</b>			<b>Musculoskeletal</b>		
High blood pressure			Arthritis		
Taking medication for high blood pressure			Chronic back pain		
Coronary Artery Disease			Chronic neck pain		
Angina/chest pain			Restless leg syndrome		
History of heart attack (MI)			Scoliosis		
Congestive heart failure			Joint replacement, knee (R/L)		
Heart valve disease/murmur			Joint replacement, hip (R/L)		
Irregular heart rhythm			<b>Psychological</b>		
Have pacemaker			Dementia		
Blocked circulation to extremities			Alzheimer disease		
Blocked carotid arteries			Bipolar disorder		
<b>Clotting Disorders</b>			History of stroke		
Take aspirin daily			Seizure disorder		
Take NSAIDs (ibuprofen/naproxen)			Fibromyalgia		
Take blood thinners			<b>Women only</b>		
<b>Respiratory</b>			Pregnant		
Asthma			Breast-feeding		
Emphysema/COPD			Hysterectomy		
Chronic bronchitis			<b>Other</b>		
Recent respiratory infection			Slow or poor wound healing		
Pneumonia			Cold sores, herpes, shingles		
Tuberculosis			Skin cancer/type		
Obstructive sleep apnea			Other cancer, type		
Use CPAP machine at night			Psoriasis, eczema, other skin disorder		
Regular oxygen use			MRSA, VRE, other infection		
<b>Kidney/Bladder</b>			Hepatitis, check Y/N and circle type: A / B / C		
Renal insufficiency			HIV		
Kidney failure requiring dialysis			Problems undergoing general anesthesia		
Missing one kidney/kidney transplant/extra kidney			Problems undergoing conscious sedation		
Frequent infections			Problems undergoing local anesthesia		
<b>Endocrine/Rheumatologic</b>			Have you talked with your primary doctor about falls?		
Diabetes controlled with insulin			Has your doctor recommended weight loss?		
Diabetes controlled with oral meds			Are you working with your doctor on weight loss?		
Diabetes controlled with diet			If needed, would you like us to refer you to your primary doctor for managing your weight?		
Lupus					
Thyroid Disease			Do you have an advance directive?		
Scleroderma			If not, would you like us to refer you to your primary doctor for help establishing an advance directive?		
Rheumatoid arthritis					

**General Health History Questionnaire**

Patient name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

**In your own words, please tell us what brings you to see us today****How would you rate your pain today, if any, on a scale of 0 to 10, with 10 being the worst possible pain: \_\_\_\_\_****Please tell us about your allergies or sensitivities to medications**

Allergy/Sensitivity	Reaction	Severity (Mild/Moderate/Severe)	Date you first developed allergy

**Please tell us about your family's health history by checking the boxes**

	Diabetes	Thyroid problems	High blood pressure
Father			
Mother			
Brother/Sister			
Brother/Sister			

**Please tell us about your social habits, height and weight by completing the table**

Smoking	Yes	No	Current amount, how many years:
Alcohol	Yes	No	Current amount
Drug use	Yes	No	Drug, frequency:
Height			Weight

**Please tell us about any surgeries you have had**

Surgery site	Year of surgery	Surgeon or facility

**Please circle any of the following symptoms if they are new**

<b>General</b>	diarrhea / vomiting / weight loss (unintentional) / fever
<b>Ears</b>	difficulty hearing / deafness
<b>Neurologic</b>	numbness / seizures / dizziness, weak limbs (paresis)
<b>Cardiovascular</b>	chest pain / palpitations
<b>Musculoskeletal</b>	muscle pains / joint pains / back pain
<b>Respiratory</b>	cough / wheezing / sleep apnea
<b>Allergy/Immunologic</b>	runny nose / sinus pressure / itching
<b>Endocrine</b>	prominent eyes / muscle weakness
<b>Blood/hematologic</b>	easy bleeding / easy bruising / frequent nose bleeds
<b>Eye</b>	Discomfort / itching / double vision



General Health History Questionnaire		
Patient name: _____	DOB: _____	Date: _____

General Health History Questionnaire		
Patient name: _____	DOB: _____	Date: _____

Please tell us about your immunizations by completing the table

Have you had a pneumonia (pneumovax) vaccine?	Yes	No	If yes, when?
Have you had an influenza vaccine?	Yes	No	If yes, when?

Have you had a pneumonia (pneumovax) vaccine?	Yes	No	If yes, when?
Have you had an influenza vaccine?	Yes	No	If yes, when?

**List below all medications, supplements, vitamins, minerals and herbal supplements you take**

Medication name	Dose	Frequency (daily, twice daily, etc.)
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[illegible]